



**NCNG  
Rucksack**

### American Red Cross

Armed Forces Emergency Services can help you reach your family in times of emergency 24/7, 365/year at **(877) 272-7337** | [www.redcross.org](http://www.redcross.org).

### Integrated Behavioral Health System

The NCNG Integrated Behavioral Health System (IBHS) is dedicated to helping NCNG Service Members and their Families 24/7.

Stephanie W. Nissen, NCC, LMHC, LPC  
*Integrated Behavioral Health Programs Director*  
**(855) 322-3848** | National Hotline dial **988, 1**

### ESGR

National Committee for Employer Support of the Guard and Reserve (NCESGR) at **(800) 336-4590** | [www.esgr.org](http://www.esgr.org).

### Military OneSource

Military OneSource is here to help you with just about any need, by phone or online. For a list of all services provided [www.militaryonesource.mil](http://www.militaryonesource.mil) | **(800) 342-9647**

### Legal Assistance Program

Confidential advice and assistance. **(984) 664-6220**

### Soldier and Airmen Assistance Fund (SAAF)

Submit request through your Family Programs SFRS

### Tricare

[www.tricare-east.com](http://www.tricare-east.com) | **(800) 444-5445**

### Casualty Operations

**SGM Bryan Purcell**  
984-664-6566 | [bryan.m.purcell.mil@army.mil](mailto:bryan.m.purcell.mil@army.mil)

### Survivor Outreach

**KINSTON**  
**Edna Hughes**  
(984) 664-5860 | [edna.e.hughes3.ctr@army.mil](mailto:edna.e.hughes3.ctr@army.mil)

**RALEIGH**  
**Maxwell Diaz**  
(984) 664-6724 | [maxwell.n.diaz.ctr@army.mil](mailto:maxwell.n.diaz.ctr@army.mil)

**WINSTON SALEM**  
**Malcolm Calhoun**  
(984) 661-7108 | [malcolm.w.calhoun.ctr@army.mil](mailto:malcolm.w.calhoun.ctr@army.mil)

### Military Funeral Honors

**1SG William Crabtree**  
(984) 664-6273 | [william.c.crabtree3.mil@army.mil](mailto:william.c.crabtree3.mil@army.mil)

**SSG Robert McVey**  
(984) 664-6273 | [robert.l.mcvey4.mil@army.mil](mailto:robert.l.mcvey4.mil@army.mil)

### Yellow Ribbon Program

**SFC Andrew Cuthrell**  
(984) 664-6809 | [andrew.s.cuthrell2.mil@army.mil](mailto:andrew.s.cuthrell2.mil@army.mil)

### Transition Assistance

**Matt Devivo**  
(202) 879-9338 | [matthew.devivo.ctr@gapsci.com](mailto:matthew.devivo.ctr@gapsci.com)



Scan the **QR code** for the most up to date information and activities for the Family Programs Office.

## Personal Financial Counselors

### WINSTON SALEM - GREENSBORO

#### Vacant

(336) 470-0670 | [pfc.winstonsalem@magellanfederal.com](mailto:pfc.winstonsalem@magellanfederal.com)

### CHARLOTTE

#### David Voth

(909) 601-2762 | [pfc.charlotte@magellanfederal.com](mailto:pfc.charlotte@magellanfederal.com)

### WILMINGTON

#### Steve Brady

(910) 612-3832 | [pfc.wilmington@magellanfederal.com](mailto:pfc.wilmington@magellanfederal.com)  
CHARLOTTE

### RALEIGH

#### Darlette McCormick

(984) 278-0920 | [pfc.raleigh@magellanfederal.com](mailto:pfc.raleigh@magellanfederal.com)

Find your personal Financial Counselor

<https://finred.usalearning.gov/pfcmap>

## NCNG Work For Warriors

(984) 664-6463 | [workforwarriorsnc.org](http://workforwarriorsnc.org)

## Education Services Office

(984) 664-6272

[www.ng.nc.gov/services-support/education-services-office](http://www.ng.nc.gov/services-support/education-services-office)

## Retirement Services Office

(984) 664-7892

[www.ng.nc.gov/services-support/retirement-services](http://www.ng.nc.gov/services-support/retirement-services)

## ID Card/DEERS

(984) 664-6190 | <https://idco.dmdc.osd.mil/idco>

## Substance Abuse Program/Suicide Prevention

### Abigail Beal

(984) 664-7015 | [ng.nc.narng.mbx.g1-sap@army.mil](mailto:ng.nc.narng.mbx.g1-sap@army.mil)

## Sexual Assault Prevention Program

### Mr Kristian Hall

(984) 664-6909 | [Kristian.s.hall.civ@army.mil](mailto:Kristian.s.hall.civ@army.mil)



## Soldier & Family Readiness Specialist

### CHARLOTTE READINESS CENTER

4240 West Blvd., Charlotte, NC 28208

#### Chris House

(984) 661-4548 | [christopher.l.house.civ@army.mil](mailto:christopher.l.house.civ@army.mil)

#### Lawrence Black

(984) 661-4547 | [Lawrence.black2.civ@army.mil](mailto:Lawrence.black2.civ@army.mil)

### ASHEVILLE READINESS CENTER

100 Minuteman Drive, Asheville, NC 28806

#### Grace Panilaitis

(984) 661-0565 | [grace.m.panilaitis.civ@army.mil](mailto:grace.m.panilaitis.civ@army.mil)

### GREENSBORO FAMILY READINESS CENTER

110 Franklin Blvd Greensboro, NC 27401

#### Cherri Mason

(984) 661-5620 | [cherri.mason.civ@army.mil](mailto:cherri.mason.civ@army.mil)

### GREENVILLE FAMILY READINESS CENTER

3000 Mill St., Winterville, NC, 28950

#### Nathan Parker

(984) 661-1151 | [nathaniel.w.parker.civ@army.mil](mailto:nathaniel.w.parker.civ@army.mil)

### GOLDSBORO FAMILY READINESS CENTER

700 US HWY 117 S. Bypass, Goldsboro, 27530

#### Gerald Murray

(984) 661-5423 | [gerald.t.murray.civ@army.mil](mailto:gerald.t.murray.civ@army.mil)

### JFHQ FAMILY READINESS CENTER

1636 Gold Star Dr., Raleigh, 27607

#### Michelle Blanton

(984) 664-6078 | [michelle.d.blanton4.civ@army.mil](mailto:michelle.d.blanton4.civ@army.mil)

#### David Kovach

(984) 664-7100 | [david.p.kovach2.civ@army.mil](mailto:david.p.kovach2.civ@army.mil)

### WINSTON SALEM READINESS CENTER

2000 Silas Creek Pkwy Winston Salem, NC 27103

#### Kristal Patterson

(984) 661-7123 | [Kristal.s.patterson2.civ@army.mil](mailto:Kristal.s.patterson2.civ@army.mil)

### SOUTHERN PINES FAMILY READINESS CENTER

510 W. Morganton Rd. ,Southern Pines, NC 28387

#### James Notine

(984) 661-2863 | [james.m.notine.civ@army.mil](mailto:james.m.notine.civ@army.mil)

### WILMINGTON FAMILY READINESS CENTER

2412 Infantry Rd., Rm 117, Wilmington, NC 28405

#### Audra Fortune

(984) 661-6918 | [Audra.b.fortune.civ@army.mil](mailto:Audra.b.fortune.civ@army.mil)

## Family Assistance Center Coordinators

### LENOIR FAMILY READINESS CENTER

1535 Beecher Anderson Rd. Lenoir, NC 28645

#### Frances Johnson

(984) 661-1267 | [frances.r.johnson28.ctr@army.mil](mailto:frances.r.johnson28.ctr@army.mil),

### GREENSBORO FAMILY READINESS CENTER

110 Franklin Blvd Greensboro, NC 27401

#### Chassidy Hepler

(984) 661-5649 | [chassidy.d.hepler.nfg@army.mil](mailto:chassidy.d.hepler.nfg@army.mil)

### GREENVILLE FAMILY READINESS CENTER

1401 N. Memorial Dr. Greenville, NC 27834

#### Leigh Ann Murray

(984)-661-1150 | [leigh.t.murray.nfg@army.mil](mailto:leigh.t.murray.nfg@army.mil)

## State Child & Youth Program

### Kristi Wilson

Lead Child & Youth Program Coordinator -JFHQ

(984) 664-7084 | [kristi.L.Wilson25.ctr@army.mil](mailto:kristi.L.Wilson25.ctr@army.mil)

### Desmond Williams

Child & Youth Program Coordinator – JFHQ

(984)-664-6082 | [desmond.d.williams10.ctr@army.mil](mailto:desmond.d.williams10.ctr@army.mil)

## State Family Program Contacts

### CSM Robert Shook

State Family Program Director - JFHQ

(984) 664-6324 | [robert.t.shook.mil@army.mil](mailto:robert.t.shook.mil@army.mil)

### Saniyah Bell

Family Program Assistant - JFHQ

(984) 664-6088 | [saniyah.l.bell.mil@army.mil](mailto:saniyah.l.bell.mil@army.mil)

### George Lane

Lead Soldier & Family Readiness Specialist –JFHQ

984-664-6935 | [george.w.lane2.civ@army.mil](mailto:george.w.lane2.civ@army.mil)

### Terry Henderson

Airman & Family Readiness Program Manager

(704)-398-4949 | [terry.henderson.3@us.af.mil](mailto:terry.henderson.3@us.af.mil)

