



MFAN Launches Emergency Grocery Support



Visit militarymeals.org to sign up

1

Active-duty, guard, and reserve members: visit militarymeals.org

Verify your military affiliation through our trusted **SheerID** portal. Most verifications are **immediately** approved.

2

Follow the prompts for your registration link.

To ensure we can provide support to as many families as possible, complete only **one registration per household**. If you don't see your email link, check your spam folder. Do not share your link or forward your email.

3

Wait for the box to ship direct to your door!

Support includes a shelf-stable box that is designed to feed a family of four for one week and a Commissary Gift Card. You'll receive a **confirmation** when your box ships from **Umoja Health** in Houston, TX and most will receive within 2-5 days.