## **M-Day Pre-Retirement Checklist**

Listed information and tasks are for M-Day Service Members to complete prior to the effective date on their Retirement Orders. This will help ensure an easier separation process and will help with the Retirement Application upon reaching age 60 or RPED.

1	Ensure you have received your NGB Form 23-D, Notification of Eligibility for
WITHIN 90 DAYS OF	Retired Pay for Non-Regular Service (20 Year Letter) and completed your
REACHING 20 YEARS OF	Reserve Component Survivors Benefit Plan (RC-SBP) prior to requesting to
SERVICE	retirement. (Retain a copy of both for your records).
2	Retirement request forms (OTAGNC Form 600-201) filled out, signed and
6 MONTHS FROM	forwarded through chain of command with projected date of Retirement.
SEPARATION	(Date subject to change at commands discretion).
3	Obtain and save a digital and hard copy of IPERMS record and medical
6 MONTHS FROM	records, to include DD Form 2656-5 (RC-SBP packet), NGB Form 23-D (20
SEPARATION	year letter), Retirement orders, NGB Form 22, and NGB Form 23-A.
4	Contact and get registered with local VA Office.
6 MONTHS FROM	
SEPARATION	
5	Review RPAM for accuracy. If incorrect, contact your RNCO or PSNCO to
4 MONTHS FROM	verify the error, and have them email supporting documents and the error
SEPARATION	concerned to: <a href="mailto:ng.nc.ncarng.mbx.g1-retirment@army.mil">ng.nc.ncarng.mbx.g1-retirment@army.mil</a> . Supporting
	documents <b>will</b> be required for updates and corrections. If applicable, ensure
	Retired Pay Eligibility Date (IAW PPOM 13-029) is correct.
6	Ensure all educational benefit obligations are fulfilled prior to your anticipated
4 MONTHS FROM	retirement date (GI Bill Transfer, Federal Tuition Assistance, etc.). Visit:
SEPARATION	http://nc.ng.mil/services/eec/Pages/Education-Center.aspx or call 984-664-
	6272 to speak with an Education Guidance Counselor.
7.	Ensure DEERS is updated and correct with personal and all dependent
4 MONTHS FROM	information.
SEPARATION 8.	If applicable, get any outstanding debt/pay issues resolved.
4 MONTHS FROM	ii applicable, get any outstanding debt/pay issues resolved.
SEPARATION	
9.	If interested in transferring SGLI to VGLI call (800) 419-1473 or go on line to:
4 MONTHS FROM	http://www.benefits.va.gov/insurance/vgli.asp for additional details.
SEPARATION	nttp://www.berients.va.gov/instrance/vgii.asp for additional details.
10.	Call TRICARE for information on Retired Reserve medical coverage (1-800-
4 MONTHS FROM	444-5445) or visit their website: <a href="http://www.tricare.mil/">http://www.tricare.mil/</a> .
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11.	Ensure final OER/NCOER is complete and in IPERMS.
3-5 MONTHS FROM	
SEPARATION	
12.	Ensure all supply items turned in and get signed copy of Property Clearance
2-3 MONTHS FROM	Memo showing complete.
SEPARATION	
13.	Contact NCNG Association at (919) 851-3390 to review/change current
1 MONTHS FROM	policy.
SEPARATION	
14	Watch Pre-Retirement Video on NCNG Public site:
AS NEEDED	http://nc.ng.mil/services/retirement/Retirement/Pages/default.aspx
15	Review Employment & Education Center website for Employment and
AS NEEDED	Education information <a href="http://nc.ng.mil/services/eec/Pages/default.aspx.">http://nc.ng.mil/services/eec/Pages/default.aspx.</a>